Wedding Spinach Salad with Yogurt Dressing

1/2 pound spinach, stems removed, torn up 1/2 small cucumber, thinly sliced 2 fresh peaches, sliced 3 fresh plums, sliced 1/8 cup green onion, sliced Yogurt Dressing
1 cup lemon
low fat yogurt
1 tablespoon fresh
lemon juice
1 tablespoon water
1/3 teaspoon dried
dill weed or
1 teaspoon chopped
fresh dill weed

Wash and drain spinach. Combine with the rest of the salad ingredients. Blend yogurt dressing ingredients together and add to spinach mixture.

Serves four to six.